STEM ACTIVITY

YOU'LL NEED: Paper towel, Washable markers, Water, 2 identical glasses

Step 1: Fold the paper in half horizontally.

Step 2: Cut off about 1/3 of the paper towel. If you don't cut the paper towel, it's possible that the colors won't travel all the way to meet in the middle.

Step 3: Draw rainbow colors on one end of the paper towel in rectangular blocks. Make sure to go over the colors a few times so there is enough dye to travel up the paper towel.



Step 4: Repeat the same step on the other end.

Step 5: Pour water into the two glasses until they are about 3/4 full.

Step 6: Place the two ends of the paper towels into the cups. 1/2 of the rainbow blocks should be in the water. Do not fully submerge the entire colored portion of the paper town in the water.

Step 7: Watch the colors travel up the paper towel!





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Centric Federal Credit Union 1091 Thomas Road P.O. Box 2456 West Monroe, LA 71294



THE AWESOME, KID-FRIENDLY QUARTERLY NEWSLETTER



IN THIS ISSUE:

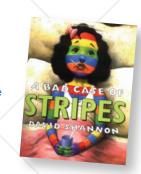
- Community Events
- Sprout's Reading List
- Grow A Rainbow



42 routs.

A BAD CASE OF STRIPES by David Shannon BL: 3.8, AR Points: 0.5

"What we have here is a bad case of stripes. One of the worst I've ever seen!" Camilla Cream loves lima beans, but she never eats them. Why? Because the other kids in her school don't like them. And Camilla Cream is very, very worried about what other people think of her. In fact, she's so worried that she's about to break out in...a bad case of stripes!



community EVENTS

Once Upon A Child & Plato's Closet Back-to-School Event Saturday, July 22nd

for more information.

Join Once Upon A Child and Plato's Closet in Monroe for their annual Back-to-School event. This event will feature entertainment for the kiddos, giveaways, face painting, snowcones, food trucks and more.

Come enjoy the fun while you do your back-to-school shopping! Visit facebook.com/OnceUponAChildMonroeLA

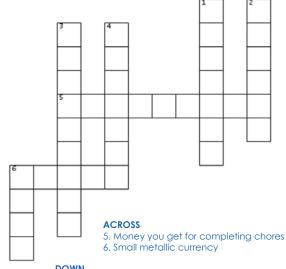
READING LIST

BL: 3.0, AR Points: 0.5

One night, when Ethan checks under his bed for his monster, Gabe, he finds a note from him instead: "Gone fishing. Back in a week." Ethan knows that without Gabe's familiar nightly scares he doesn't stand a chance of getting to sleep, so Ethan interviews potential substitutes to see if they've got the right equipment for the job—pointy teeth, sharp claws, and a long tail—but none of them proves scary enough for Ethan. When Gabe returns sooner than expected from his fishing trip, Ethan is thrilled. It turns out that Gabe didn't enjoy fishing because the fish scared too easily. Gabe's ooze is perfect, and Ethan is soon sleeping soundly.







ACTIVITY

D

- 1. Money put aside for the future
- 2. A plan for managing money
- 3. Literacy understanding how money works
- 4. U.S. curren
- 5. Physical xurrency

Downtown Gallery Crawl

Thursday, August 3rd | 5-9 p.m.

The Downtown Art Gallery Crawl is held bi-monthly on the first Thursday of that month in Downtown Monroe and West Monroe. This is an evening of art, food, music, and fun with friends!

Bayou Jamb Football Jamboree

Friday, August 25th & Saturday, August 26th

Bayou Jamb 2023 will host seven games and fourteen football teams on Don Shows Field inside West Monroe High School's Rebel Stadium for the preseason football jamboree. For a complete list of events and details, visit https://bayoujamb.com.

Getting Ready for Back to School!

parents

As summer draws to a close, it's time to start gearing up for the back-to-school season. Preparation can ensure a smooth transition and a successful school year. Here are three essential things you can do to make sure you and your child are prepared:

1. Establish Routines: gradually reintroduce regular routines. Start by adjusting bedtimes and waking up earlier to help your child get back into the rhythm of the school schedule. Establish consistent morning and evening routines to provide structure and help your child feel more organized and prepared for each day.

- 2. Stock Up on Supplies: Shop the back-to-school sales and make a list of the essential supplies your child will need. Ensure your child has all the tools necessary for a successful academic year, and involve them in the shopping process to make it more exciting and give them ownership of their supplies.
- 3. Plan Healthy Meals and Snacks: A well-nourished body supports a focused mind. Plan and prepare nutritious meals and snacks for your child that incorporate fruits, vegetables, whole grains, and protein-rich foods. Involve them and encourage healthy choices that fuel their learning and growth.