

parent's CORNER

Make the Most of Summer

As summer winds down and school supply lists start to grow, it's easy to feel the rush of back-to-school season. From registering for classes and organizing carpools to shopping for clothes and meal prepping, the to-do list can seem endless. But in the midst of the hustle, don't forget what matters most—your time, presence, and connection with your kids.

This season doesn't have to be just about checklists. It can also be a time of small but meaningful moments—late-night talks about new school year hopes, ice cream after school supply runs, or letting your child pick their first-day outfit to express who they are becoming. These simple acts ground us, and our kids, amid the chaos.

It's okay if everything isn't perfect. What your children will remember most is how you made them feel—safe, supported, and seen. So carve out time—even ten minutes a day—for undivided attention. Ask open-ended questions, share your own school memories, or just listen without fixing.

Balance doesn't mean doing it all. It means doing what matters most with love and intention. You're doing better than you think. And your kids? They notice.

Here's to a school year filled with both growth and grace.



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THE AWESOME, KID-FRIENDLY QUARTERLY NEWSLETTER



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IN THIS ISSUE:

- Sprout's Reading List
- iSpy Back-To-School Edition
- Upcoming Events for Your Family
- Parent's Corner



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SPROUT'S READING LIST

iSpy Back To School Edition

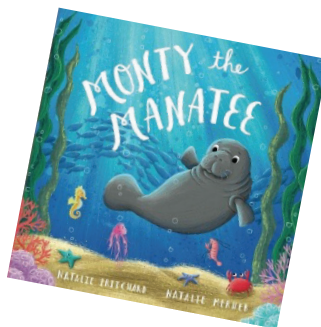
HAVE YOU STARTED FILLING UP YOUR SPROUT SUPER SAVER CARD?

Get your card punched for every \$10 deposit you make! Drop your card off at any Centric location for your chance to win awesome prizes each month!



MONTY THE MANATEE by Natalie Pritchard

Monty the Manatee is a heartwarming tale about kindness, friendship, and overcoming bullying. On his first day at Sea School, Monty feels out of place—the other sea creatures tease him for being different. But when a hungry predator threatens the class, it's Monty who must step up. Can he find the courage and smarts to save the day and show everyone who he really is?



MONEY MONSTERS: THE MISSING MONEY by Okeoma Moronu Schreiner

The Missing Money follows Kai on his adventure to deposit his newly earned money. While on his journey a seemingly scary ATM monster "eats" all of his money! Kai struggles to understand where his money has gone and just before attempting to break his money out, his mother sits him down to explain this confusing turn of events and helps put his mind at ease.



SPROUT SUPER SAVER CARD



CUT OUT YOUR SPROUT SUPER SAVER CARD, AND START SAVING!

CHECK OUT AREA EVENTS

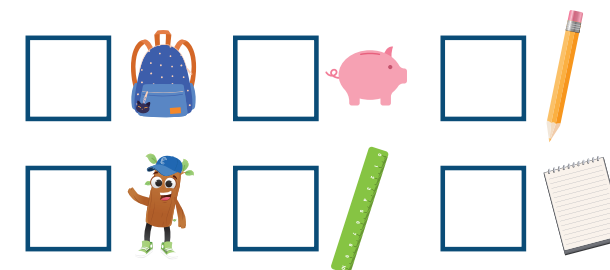
Bayou Jamb
ULM – Malone Stadium
August 29 at 4 PM
August 30 at 10 AM
bayoujamb.com

Ark La Miss Fair
Ike Hamilton Expo Center – 501 Mane St West Monroe
Sept 26 – Oct 5
facebook.com/ArkLaMissFair

You're a Good Man, Charlie Brown
Strauss Theater Center –
1300 ½ Lamy Lane Monroe
September 4-7
strausstc.com



FIND AND COUNT THE FOLLOWING ITEMS



TO FIND MORE FUN ACTIVITIES, UPCOMING EVENTS, SAVINGS TIPS AND SO MUCH MORE, VISIT SPROUT ONLINE AT WWW.MYCENTRIC.ORG/KIDS.